
The
Astronality
Character, Strengths, and Virtues
Report
for
Sample, Female

ID: 1

This report is based on the adjectives associated with the birth sign and as such offers a description of core or "foundational" behavior. The probable behavior of an individual born under this sign is more accurately described when the selection of adjectives is modified by that person to reflect life experiences. To complete the Astronality assessment and obtain a personalized Astronality Report please go to:

<http://www.astronality.com>

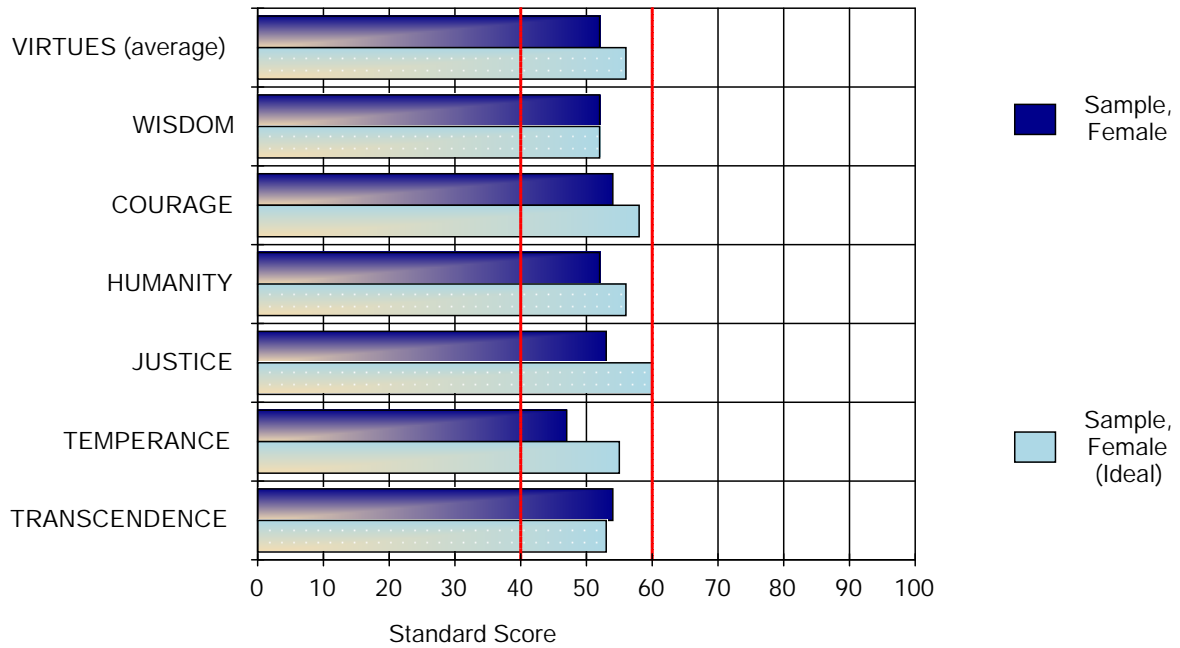
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Introduction

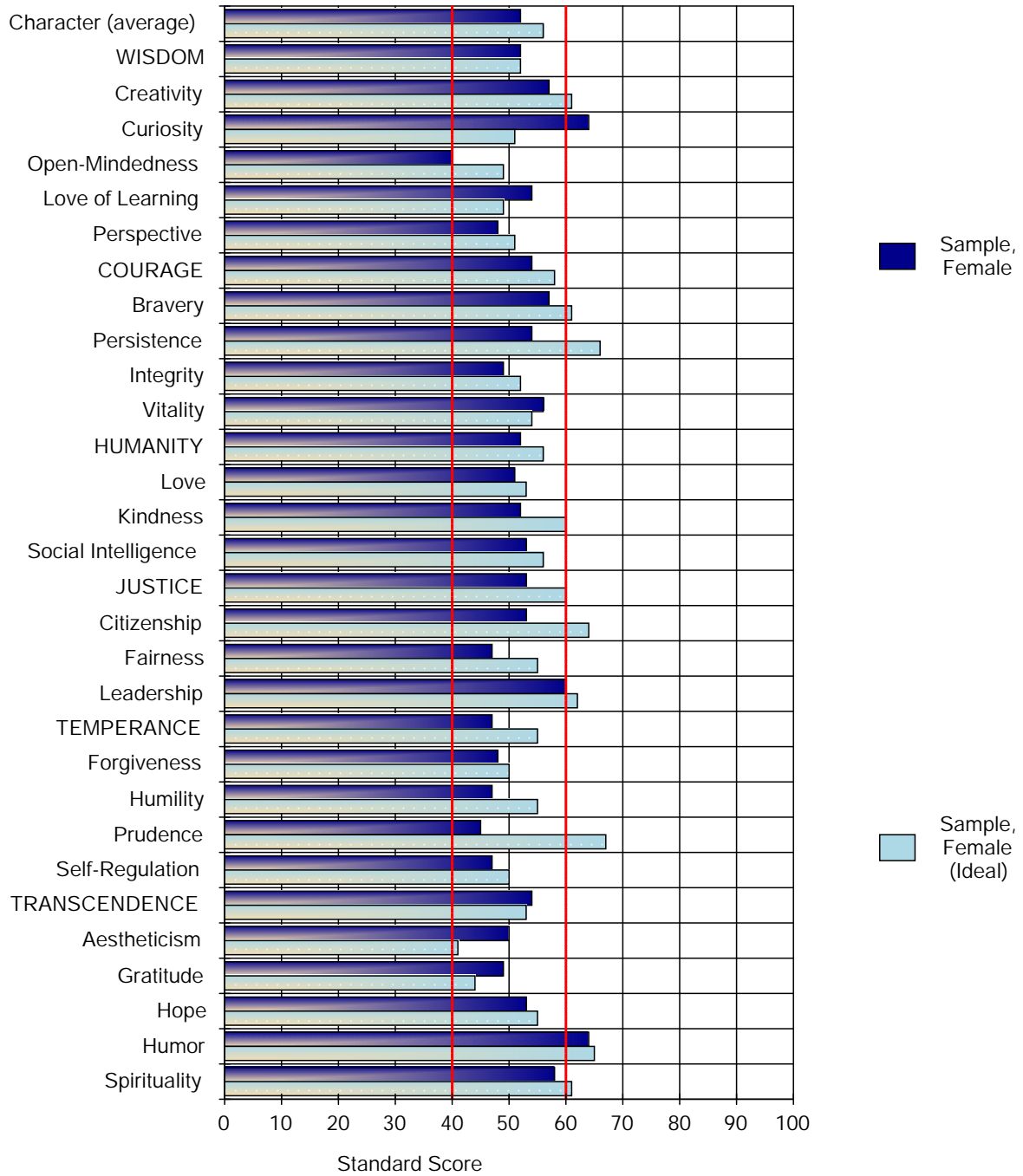
Six virtues and 24 positive traits, character strengths, which are distributed among them have been defined by Peterson and Seligman (Character Strengths and Virtues, American Psychological Association and Oxford University Press, 2004). They state that the virtues are (1) universal, (2) consistently found throughout history, (3) commonly valued by moral philosophers and religious thinkers, and are core characteristics defined by character strengths. These virtues are:



The character strengths and virtues presented in this report are based on the measurement provided by the Adjective Check List and the BeMIS interpretations for the virtues and strengths described by Peterson and Seligman.

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Profile



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Wisdom and Knowledge

Cognitive strengths for acquiring, sharing, and utilizing knowledge.

Creativity

The ability to do and think differently from the norm and a sense of personal worth or harmony with a talent for originality.

Present Although she may be strong in interpersonal effectiveness and tend to attain her goals, she may have some narcissistic or egotistical tendencies. Never the less, people are likely to see her as well-adjusted. She may tend to offer unsolicited advice and be condescending in her relations with others. She may be venturesome, aesthetically reactive, clever and responsive. People may see her as having a wide range of interests, cognitive ability, and ideational fluency. She may be easily angered, skeptical, counteractive, and is likely to be irritated by interference or obstacles. She may pursue her own interests and may be indifferent to those of others, who she may view as adversaries to be defeated.

Preferred Although she is strong in interpersonal effectiveness and attains her goals, she may have some narcissistic or egotistical tendencies. Never the less, people are likely to see her as well-adjusted. She tends to offer unsolicited advice and be condescending in her relations with others. She is venturesome, aesthetically reactive, clever and responsive. People are likely to recognize her breadth of interests, cognitive ability, and ideational fluency. She is easily angered, skeptical, counteractive, and irritated by interference or obstacles. She pursues her own interests and is indifferent to those of others. She is impervious to the reactions of others because of the extent of her own self-involvement. She views others as adversaries to be defeated.

Curiosity

The ability to think imaginatively, to bring new ideas and tangible products into being, to modify one's environment in accordance with aesthetic criteria, to picture the world of the past and the world of the future, and to discern the underlying elements of order in disorder, harmony in disharmony, and even sense in nonsense.

Present She seeks adventure and activity while remaining sophisticated and relaxed; this may be a source of conflict. Academic underachievement is probable because physical activities may interfere with intellectual activity. Creative, independent, spontaneous behavior is more important than conformity. Always emphasizing self-sufficiency, she is strong-willed, original in thought and perception, aesthetically sensitive, indifferent to convention (possibly rebellious and nonconforming), and easily annoyed by those viewed as uninsightful, intellectually slow or undiscerning. Though talented, she may be uncomfortable with her own needs and those of others. She avoids intimacy, based on a candid sharing of significant feelings, sensing it as a danger. She is unpretentious uncomplicated, forbearing, forthright, respectful of rules, and accepting of her role in life. She is analytical, logical, astute, intellectually capable, self-disciplined, and prepared to do the planning and work necessary to attain her goals. People may view her as rigid.

Preferred She tends to seek as much adventure and activity, while remaining sophisticated and relaxed, as do most people. Thus, she may equally experience conflicting interests and underachievement. She is probably as strong-willed, original in thought and perception, aesthetically sensitive, and indifferent to convention as are most people. She tends to be as unpretentious, forbearing, forthright, and respectful of rules, as are most people. She is as analytical, logical, astute, and intellectually capable, as are most people.

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Open-Mindedness

The ability to think abstractly, to detect logical relationships, and to apply general principles to the solution of specific problems. An “internal” focus where cognition, logic, reason, and introspection are emphasized.

Present She tends to be prudent and vigilant with the ability to plan ahead. This allows her to avoid intemperance and undue impulsiveness. Her likely desire for order may also explain a tendency toward strong opinions on ethical issues. She may be practical and predictable in her thought and perception, and tolerant of the ineptitude and intellectual shortcomings in others. While intelligent and inventive, she may also be anxious, ill at ease, and preoccupied. Often keeping people at a distance, she is probably skeptical of their intentions and may feel easily alienated. She tends to be independent and flexible, and may delight in informality and relaxation, but she may be influenced by illogical concerns.

Preferred She tends to seek as much adventure and activity, while remaining sophisticated and relaxed, as do most people. Thus, she may equally experience conflicting interests and underachievement. She is probably as strong-willed, original in thought and perception, aesthetically sensitive, and indifferent to convention as are most people. She tends to be as unpretentious, forbearing, forthright, and respectful of rules, as are most people. She is as analytical, logical, astute, and intellectually capable, as are most people.

Love of Learning

Autonomous, independent and self-directed tendencies demonstrated through nonconforming, even rebellious, behavior, but accompanied by attempts to understand the ‘why’ of things and a tolerant acceptance of the behaviors of others.

Present She is about as interested as are most people in activities that require intellectual or cognitive abilities. She tends to act independently of others' social values and expectations about as often as do most people. She is similar to most people in her reaction to challenges, the seeking of novel experiences, and the avoidance of routine. She is as likely to seek subordinate roles in relationships and to delay her personal gratification, as are most people. Her interest in being original or thinking and acting differently from the norm is like that of most others. She is as judgmental, easily angered, skeptical, counteractive, and irritated by interference or obstacles as are most people. She is probably as strong-willed, original in thought and perception, aesthetically sensitive, and indifferent to convention as are most people.

Preferred Same.

Perspective

The ability to provide advice and counsel based on an (1) accurate perception of the environment, (2) emphasis on rationality and analysis over feelings and emotions, and (3) considerate but straight forward, candid interactions.

Present Her perception of her environment is probably similar to that of most other people, allowing her to interact as effectively as do most people. She probably seeks as much sympathy, affection, and emotional support from others as do most people. She is as analytical, logical, astute, and intellectually capable, as are most people.

Preferred Same.

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Courage

Emotional strengths for attaining gratification despite difficulties or opposition from others.

Bravery

(The potential for:) Self-assured action to attain gratification despite obstacles, opposition, or risk.

Present As a poised, self-assured initiator who strives to achieve gratification, she is probably willing to cut a few corners to create a good impression and attain goals. Observers may see her as assertive, enterprising and self-confident. Ambitious and impatient to get the things she values, she may insist on having her way and attaining her goals. She may stress action, visible rewards, and self-gratification.

Preferred As a poised, self-assured initiator who confidently strives to achieve gratification, she is willing to cut a few corners to create a good impression and attain goals. Observers see her as assertive, enterprising and self-confident. Ambitious, vigorously assertive, and impatient to get the things she values, she is insistent on having her way and attaining her goals. She is likely to stress action, visible rewards, and self-gratification.

Persistence

Resourceful, resolute, and productive behavior in which power and intellectual ability are used for the completion of goal-oriented tasks.

Present She is as likely to be hard working, goal directed, and determined to do well as are most people. Her motivation to succeed may lie less in competitive drives than in a need to live up to her own criteria. She is about as likely to persist in the completion of a time-consuming task or responsibility as are most people. Concerns with neatness, organization, or the planning of her activities are similar to those of most people. About as reliable and diligent as are most people, she is as attentive to duties, the responsibilities of adulthood, and obligations as they. She may have as much difficulty setting aside the roles she learned in childhood as do most people. This may be demonstrated through the same amount of independence and uncertainty about how to cope with the demands of life that they show. She is as analytical, logical, astute, and intellectually capable, as are most people.

Preferred She is likely to be hard working, goal directed, and determined to do well. Her motivation to succeed may lie less in competitive drives than in a strong need to live up to her own high and socially commendable criteria. Others are likely to acknowledge her energy and enterprise. However, they may also see elements of coercion, impatience, and self-aggrandizement in her actions. A conscientious worker, she probably has a strong sense of duty and avoids playfulness and non-essential activities. For her, stability and continuation is more important than the new and different. She is not likely to endure setbacks and distractions easily, nor is she likely to welcome change and variety; rather she steadily pursues her goals and seeks stability. She probably assumes tasks that require self-discipline and diligent effort as she seeks to avoid disorder, subjectivity, and impulsivity. Her preference is probably for objectivity, rationality, and reason. Reliable, ambitious, and diligent, she is self-disciplined and attentive to duties and obligations. This self-discipline is admirable, but may have been obtained at the cost of spontaneity, and the ability to enjoy peace and quiet. Even the expression of love, affection and tenderness may make her uncomfortable. She has difficulty setting aside roles she learned in childhood. This is demonstrated through a lack of independence and uncertainty about how to cope with the demands of adult life. Also, direct confrontation is feared and assiduously avoided. To compensate, she seeks satisfaction in daydreams and fantasies rather than face the threatening context of everyday life. She is analytical, logical, astute, intellectually capable, self-disciplined, and prepared to do the planning and work

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necessary to attain her goals. People may view her as rigid.

Integrity

Ethically consistent behavior based on clear-cut, internally consistent personal standards and values.

Present She is as likely as most people to be expressive and eager to explore the world around her. She may vacillate between pessimism and optimism, but tend to be accepting of herself and others. She probably seeks as much sympathy, affection, and emotional support from others as do most people. She is about as likely to demonstrate helpfulness, sympathy, and affection, as are most others. She is as judgmental, easily angered, skeptical, counteractive, and irritated by interference or obstacles as are most people.

Preferred Same.

Vitality

Energetic behavior and responsiveness providing a vigorous and vivacious approach to life.

Present She is more interested in seeking the company of peers and to experience emotional satisfaction from interpersonal and erotic interactions with them than are most people.

Preferred Her interest in seeking the company of her peers and to experience emotional satisfaction from interpersonal and erotic interactions with them is about like that of most others.

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Humanity

Interpersonal strengths providing social insight, assistance to others, and the capacity for enduring relationships.

Love

The capacity for compassionate relationships in which support, stability, and acceptance are offered.

Present She is about as likely to demonstrate helpfulness, sympathy, and affection, as are most others. Continuity and the preservation of old values are probably as important to her as they are to most people. She is as likely as they to seek to sustain relationships and to foster courtesy and respect.

Preferred Same.

Kindness

Engaging in attentive behavior and the fulfillment of duties that provide material or emotional benefits to others.

Present Her involvement in behavior, which provides material or emotional support to others, is about as frequent as that of most people. About as reliable and diligent as are most people, she is as attentive to duties, the responsibilities of adulthood, and obligations as they.

Preferred A genuine concern for the welfare of humankind results in cooperative and tactful social behavior. She is both sympathetic and supportive of others, and she values relationships. Reliable, ambitious, and diligent, she is self-disciplined and attentive to duties and obligations. This self-discipline is admirable, but may have been obtained at the cost of spontaneity, and the ability to enjoy peace and quiet. Even the expression of love, affection and tenderness may make her uncomfortable.

Social Intelligence

The application of cognitive activity to understand the dynamics of behavior and effectively engage others.

Present She is about as interested as are most people in activities that require intellectual or cognitive abilities. Her involvement in behavior, which provides material or emotional support to others, is about as frequent as that of most people. A commitment to duties and obligations, like that of most people, causes a similar reluctance to deviate from agreed-upon courses of action. About as reliable and diligent as are most people, she is as attentive to duties, the responsibilities of adulthood, and obligations as they.

Preferred She has a stronger interest in understanding the 'why' of things, including her own behavior and that of other's, than do most people. She may be concerned for the welfare of others and willing to provide material or emotional support to them. A commitment to duties and obligations, with a reluctance to deviate from agreed-upon courses of action may make her appear rigid at times. She may work hard to see that consensual goals are attained and be a steadying influence upon others. Valuing good organization and careful planning, she tends to avoid emotionalism, but may become dissatisfied when people or events interfere with her plans. Reliable, ambitious, and diligent, she may be self-disciplined and attentive to duties and obligations. This self-discipline is admirable, but may have been obtained at the cost of spontaneity, and the ability to enjoy peace and quiet, even the expression of love, affection and tenderness may make her uncomfortable.

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Justice

Interpersonal strengths promoting equality, allowing leadership, and the fulfillment organizational and membership responsibilities.

Citizenship

The commitment to duty, valuing good organization and planning, and fulfillment of responsibilities.

Present Concerns with neatness, organization, or the planning of her activities are similar to those of most people. Her ability to 'love and work', Freud's criterion of personal adjustment, is like that of most others and suggests that her ability to cope with situational and interpersonal demands should be as well.

Preferred She is not likely to endure setbacks and distractions easily, nor is she likely to welcome change and variety; rather she steadily pursues her goals and seeks stability. She probably assumes tasks that require self-discipline and diligent effort as she seeks to avoid disorder, subjectivity, and impulsivity. Her preference is probably for objectivity, rationality, and reason. With her positive attitude toward life, she enjoys the company of others and is capable of initiating activities and carrying them through. She may not thoroughly understand herself, but she is comfortable and has a strong ability to 'love and work', Freud's criterion of personal adjustment.

Fairness

Tolerant, forbearing, and conciliatory evaluation of other's behavior.

Present She may vacillate between pessimism and optimism, but tend to be accepting of herself and others. She acts aggressively, with behavior that may be perceived by others as an attack or hurtful, about as often as do most people. She is as judgmental, easily angered, skeptical, counteractive, and irritated by interference or obstacles as are most people.

Preferred She may tend, more than most people, to be skeptical and pessimistic about the future and to question her own abilities. She may be competitive and aggressive, viewing others as rivals to be vanquished. Her impulses may be strong and when under controlled, expressed with little regard for social courtesies. She may be easily angered, skeptical, counteractive, and is likely to be irritated by interference or obstacles. She may pursue her own interests and may be indifferent to those of others, who she may view as adversaries to be defeated.

Leadership

The seeking and maintaining of positions of influence through which goals may be attained.

Present She is likely to be hard working, goal directed, and determined to do well. Her motivation to succeed may lie less in competitive drives than in a strong need to live up to her own high and socially commendable criteria. Others are likely to acknowledge her energy and enterprise. However, they may also see elements of coercion, impatience, and self-aggrandizement in her actions. Strong-willed, ambitious, determined and forceful she is typically free of self-doubt in the pursuit of goals and inhibited little by disapproval or opposition. She probably likes to direct others toward the attainment of socially worthy objectives, and can usually do so without being viewed as domineering.

Preferred Same.

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Temperance

Strengths that foster interpersonal acceptance and intrapersonal comfort.

Forgiveness

Unpretentious, forthright, and forbearing behavior based on a respect for rules and the extension of trust to others.

Present She is probably as strong-willed, original in thought and perception, aesthetically sensitive, and indifferent to convention as are most people. She tends to be as unpretentious, forbearing, forthright, and respectful of rules, as are most people.

Preferred Same.

Humility

Conscientious action but with the avoidance of prominence, recognition, or attention.

Present The frequency of acting in ways to attract the immediate attention of others is similar to that of others. She is as likely to seek subordinate roles in relationships and to delay her personal gratification, as are most people. She may have as much difficulty setting aside the roles she learned in childhood as do most people. This may be demonstrated through the same amount of independence and uncertainty about how to cope with the demands of life that they show.

Preferred She may seek the spotlight and, with self-dramatizing or histrionic behavior, act in ways that attract the attention of others. She may prefer anonymity and freedom from conflict to the winning of interpersonal victories. She is probably conscientious, unassuming and patient, deferring to others without loss of self-respect. Tending to over-control her needs and impulses, she may often delay gratification unnecessarily. She may have difficulty setting aside roles she learned in childhood. This may be demonstrated through a lack of independence and uncertainty about how to cope with the demands of adult life. Also, she may fear direct confrontation and avoid it.

Prudence

Logical, rational, analysis with an avoidance of emotionalism in planning and the pursuit of gratification.

Present She is as analytical, logical, astute, and intellectually capable, as are most people.

Preferred She is analytical, logical, astute, intellectually capable, self-disciplined, and prepared to do the planning and work necessary to attain her goals. People may view her as rigid.

Self-Regulation

Diligence with an attention to duty and an avoidance of impulsive or unfocused action.

Present She is as likely to exercise self-control and delay her actions as are most people.

Preferred Same.

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Transcendence

Strengths that open personal boundaries to events and experiences the exceed common limitations.

Aestheticism

Positive stimulation derived from complexity, novelty, and even disorder.

Present She is similar to most people in her reaction to challenges, the seeking of novel experiences, and the avoidance of routine.

Preferred She may perceive change or challenges as threatening, and seek a stable, risk-free environment. She prefers safe, well-defined situations. The perception that she may lack verve and imagination may reduce opportunities others might otherwise extend to her.

Gratitude

Appreciative, considerate, and compassionate attitudes and actions, that may become submissive when in excess.

Present The tendency to 'put herself down' through self-criticism, guilt, or social impotence is about like that of others. She is about as receptive to counseling or professional advice regarding her personal problems as are most people. She is about as receptive to counseling or professional advice regarding her personal problems as are most people. She is about as likely to demonstrate helpfulness, sympathy, and affection, as are most others.

Preferred She may respond quickly to others and to situations, basically certain that she is right. She probably has defined how others should treat her and what she should get in life, and may be somewhat insistent on obtaining both. She may accept who she is and, wanting to do things her way, is unlikely to act on professional advice or counseling. She may prefer to be directed by a valued partner, but see little need for change and is less receptive than most people to counseling or professional advice regarding her behavior. Frequently skeptical of the intentions of others, she tends to keep them at a distance and rejects their overtures. Her preference for autonomy and detachment may cause others to avoid her, since they may perceive her as opinionated and fault finding.

Hope

General ambition and optimism which are maintained even when confronted with adversity.

Present She is basically satisfied with herself and she believes that her behavior is appropriate.

Preferred She may be adaptable and remain cheerful and productive in the face of adversity.

Humor

Attitudes of playfulness and impulsivity which are expressed in humorous and pleasure-seeking behavior.

Present Ebullient, enterprising, and pleasure seeking, she rejects self-restraint and the postponement of gratification. While others may see her as entertaining, they may also view her as aggressive or self-centered and pushy. She seeks adventure and activity while remaining sophisticated and relaxed; this may be a source of conflict. Academic underachievement is probable because physical

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activities may interfere with intellectual activity. Creative, independent, spontaneous behavior is more important than conformity.

Preferred Same.

Spirituality

Stable, consistent, and conservative behavior guided by moralistic attitudes formed from valued and trusted direction.

Present She may be conscientious and, with a strong sense of duty, avoid playfulness and non-essential activities. For her, stability and continuation may be more important than the new and different. A commitment to duties and obligations, with a reluctance to deviate from agreed-upon courses of action may make her appear rigid at times. She may work hard to see that consensual goals are attained and be a steadying influence upon others. Valuing good organization and careful planning, she tends to avoid emotionalism, but may become dissatisfied when people or events interfere with her plans.

Preferred A conscientious worker, she probably has a strong sense of duty and avoids playfulness and non-essential activities. For her, stability and continuation is more important than the new and different. A strong commitment to duties and obligations, with an unwillingness to deviate from agreed-upon courses of action may make her appear rigid at times. She tries hard to see that consensual goals are attained and is a steadying influence upon others. Valuing good organization and careful planning, she avoids emotionalism, but becomes dissatisfied when people or events interfere with her plans.

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Summary

Statistics

	Standard Scores		Percentile Rank	
	R	I	R	I
WISDOM	52	52	58	58
Creativity	57	61	76	86
Curiosity	64	51	92	54
Open-Mindedness	40	49	16	46
Love of Learning	54	49	66	46
Perspective	48	51	42	54
COURAGE	54	58	66	79
Bravery	57	61	76	86
Persistence	54	66	66	95
Integrity	49	52	46	58
Vitality	56	54	73	66
HUMANITY	52	56	58	73
Love	51	53	54	62
Kindness	52	60	58	84
Social Intelligence	53	56	62	73
JUSTICE	53	60	62	84
Citizenship	53	64	62	92
Fairness	47	55	38	69
Leadership	60	62	84	88
TEMPERANCE	47	55	38	69
Forgiveness	48	50	42	50
Humility	47	55	38	69
Prudence	45	67	31	96
Self-Regulation	47	50	38	50
TRANSCENDENCE	54	53	66	62
Aestheticism	50	41	50	18
Gratitude	49	44	46	27
Hope	53	55	62	69
Humor	64	65	92	93
Spirituality	58	61	79	86